

Glider Proofing Checklist

- G NEVER leave your gliders unattended. EVER!
- G COVER vents with aluminum screening so gliders cannot slip through.
- G TAPE holes in ceiling fans, keep them dusted and turn off power source.
- G CHILDPROOF all outlets with safety plugs. REMOVE all electrical cords.
- G REMOVE all recliners and hide-away beds.
- G CLOSE dressers and closet doors. Cover crevices with something gliders can't remove.
- G REMOVE all chemicals and medications.
- G NEVER let your gliders in or near a bathroom. As a precaution, always keep toilet lids closed, as gliders cannot swim. Keep razors and other things in a closed cabinet or drawer.
- G CLOSE the door to the kitchen. If you do not have a door to your kitchen, do not allow your gliders anywhere near the kitchen.
- G REMOVE wall pictures that are nailed on the wall, sharp objects (i.e., pens, pencils, etc), and breakable items.
- G NEVER let your gliders in or near a laundry room.
- G CLEAN AND VACUUM frequently, so the gliders will not ingest anything harmful.
- G REMOVE all trash cans.
- G NEVER bring caffeinated beverages or chocolate in with you when you go into your glider-proofed room. Wash your hands thoroughly before entering into your glider-proofed room.
- G DO NOT bring any food or drink into your glider-proofed room unless it is intended for your gliders
- G TURN OFF heaters and remove them, if possible.
- G ALWAYS be on the look-out for possible hazards. Get down on the floor and look at things through a glider perspective.
- G TEST any openings. If your finger can squeeze through it, so can your gliders.